



# Woolston Infant School

## Home Learning Programme Year 1

Here are some lessons to help you learn from home. These are the things that will make up your new school day. Each day could you please do the English and Maths lesson. Then choose one more lesson to do from the Music, PSHE or PE and Wellbeing lessons. These are sequential video lessons made and taught by teachers in Hamwic schools. The lesson begins with items you need to during the lesson and explains what you will be learning.

Alongside this you will need to read **every day**. Use this link to connect to Oxford Owl reading e-library, this has a selection of story and reading books to share.

[https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/?view=image&query=&type=book&age\\_group=Age+6-7&level=&level\\_select=&book\\_type=&series](https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/?view=image&query=&type=book&age_group=Age+6-7&level=&level_select=&book_type=&series)

It is good to have a small break between lessons to aid learning. Use these ideas to break lessons up and help with concentration.

- Search for 'Move and Freeze' brain breaks on 'You Tube'
- Search for BBC Supermovers KS1
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**On the page below are your lessons for Tuesday 5th January (Day 1) and Wednesday 6<sup>th</sup> January (Day 2) . On Wednesday afternoon we will post Thursday and Fridays learning.**

**You can search using instructions in the coloured boxes or just ctrl/click on the blue link for each lesson.**

**Have fun with your learning!!**

<b>Day</b>	<b>English</b> Search 'You Tube' Hamwic Education Trust Year 1 English.	<b>Maths</b> Search 'You Tube' Hamwic Education Trust Year 1 Maths.	<b>Music</b> Search 'You Tube' Hamwic Education Trust Year 1 Music.	<b>PSHE</b> Search 'You Tube' Hamwic Education Trust Year 1PSHE.	<b>PE and Wellbeing</b> Search on 'You Tube' - '9 Min Exercise For Kids – Home Workout' - Just Dance for Kids - Cosmic Yoga - The Body Coach for kids
<b>1</b>	<a href="https://www.youtube.com/watch?v=DGY9aVqXAQs">https://www.youtube.com/watch?v=DGY9aVqXAQs</a>	<a href="https://www.youtube.com/watch?v=67C9TR3750w&amp;list=PLfsSWRa4MSAp9aCGCSQ8hOs37UyacpiX1">https://www.youtube.com/watch?v=67C9TR3750w&amp;list=PLfsSWRa4MSAp9aCGCSQ8hOs37UyacpiX1</a>	<a href="https://www.youtube.com/watch?v=QjGT7TqS_vQ&amp;list=PLfsSWRa4MSArNJc1MuvMgdpQcGRuo6Cc">https://www.youtube.com/watch?v=QjGT7TqS_vQ&amp;list=PLfsSWRa4MSArNJc1MuvMgdpQcGRuo6Cc</a>	<a href="https://www.youtube.com/watch?v=kPctqGPjE8w">https://www.youtube.com/watch?v=kPctqGPjE8w</a>	Cosmic Yoga <a href="https://www.youtube.com/watch?v=qC83oFEeVZA">https://www.youtube.com/watch?v=qC83oFEeVZA</a>
<b>2</b>	<a href="https://www.youtube.com/watch?v=eSkS12CoqxU">https://www.youtube.com/watch?v=eSkS12CoqxU</a>	<a href="https://www.youtube.com/watch?v=HLucEL7dHc">https://www.youtube.com/watch?v=HLucEL7dHc</a>	<a href="https://www.youtube.com/watch?v=9MvoUUnrdfg&amp;list=PLfsSWRa4MSArNJc1MuvMgdpQcGRuo6Cc&amp;index=4">https://www.youtube.com/watch?v=9MvoUUnrdfg&amp;list=PLfsSWRa4MSArNJc1MuvMgdpQcGRuo6Cc&amp;index=4</a>	<a href="https://www.youtube.com/watch?v=W3oX8OFSclo">https://www.youtube.com/watch?v=W3oX8OFSclo</a>	PE workout You tube '9 minutes workout for Kids' <a href="https://www.youtube.com/watch?v=oc4QS2USKmk">https://www.youtube.com/watch?v=oc4QS2USKmk</a>

Keeping your child safe when they use the internet at home.

The internet is great for learning, sharing, connecting and creating. Set boundaries and agree as a family how long your child can spend online and what they can do. Also decide how access to devices can be shared fairly. Remember there are parental tools that can help you manage and monitor access and use these across all devices. Talk about online safety and get involved. Have conversations about online safety little and often and build it into other conversations. Always supervise your children online. For older children ask questions about what they do online, such as what sites they visit and who they talk to. Know who they are talking to. Tell your child that strangers can pop up anywhere online and remind them not to talk to them. Understand the games they play. Ensure your child knows what to do if someone they don't know contacts them for example - ask you for advice, click the red cross. Check age ratings of games, online movies and websites.

For additional phonics learning to help with reading and writing you could practice on this website:-

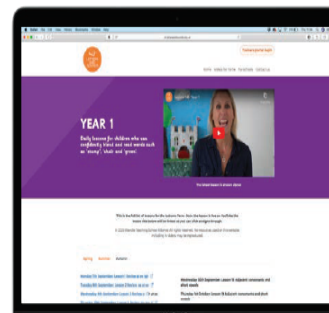
Following the success of our Letters and Sounds Summer Term lesson series, we're back! This term we're offering four different lesson types – all designed and delivered by phonics experts working with the validated Letters and Sounds English Hubs. New lessons are uploaded to our YouTube channel (Letters and Sounds for Home and School) every weekday at 9am. **Once they have been uploaded, all lessons are available for on-demand viewing at any time families choose.**

### Our four different lesson types

- **Reception** (lesson series started on Monday 21st September)
- **Year 1** (lesson series started on Monday 7th September)
- **Year 2 Phonics Screening Check Revision** (lesson series started on Monday 7th September)
- **Learning to Blend** for children who need additional practice (lesson series starts on Monday 2nd November)

### There are two ways for families to get to our lessons

**Website** Our Letters and Sounds website ([www.lettersandsounds.org.uk](http://www.lettersandsounds.org.uk)) – has a main navigation heading called Videos for Home. Within that section there are separate pages dedicated to each of our four lesson types. In each case, the latest lesson in the series plays straight into the webpage – as shown below.



**YouTube** Some parents may prefer to go directly to YouTube (our channel is called [Letters and Sounds for Home and School](https://www.youtube.com/channel/UC...)). The channel includes video guides for parents covering areas such as tricky and alien words. The lessons are then arranged in four separate playlists, with the most recent lesson at the top of the relevant playlist.

